



**KINections Health and Wellness Program Assistant  
Faculty of Kinesiology & Physical Education**

*The University of Toronto is strongly committed to diversity within its community. The University especially welcomes applications from visible minority group members, women, Indigenous peoples, persons with disabilities, members of sexual minority groups, and others who may contribute to the further diversification of ideas.*

<b>Deadline:</b>	April 30, 2025
<b>Number of Positions:</b>	2
<b>Rate of Pay:</b>	\$17.20 / hour
<b>Position Start Date:</b>	September 2025
<b>Position End Date:</b>	March 31, 2026
<b>Number of Hours per week:</b>	2 – 12 hours / week
<b>Classification:</b>	Work Study
<b>Summary:</b>	<p><b>KINections</b> is a co-curricular student life initiative to develop and enhance a sense of community and belonging for KPE students. KINections aims to improve the overall well-being of KPE students through pillars of connection: Mentorship; Health and Wellness; Community Engagement; Career Development; Research Exploration; Global Citizenship and Equity, Diversity and Inclusion.</p> <p>This program will focus on development and delivering events and activities for KPE students, by KPE students, complementing their academic experience.</p> <p>The Health and Wellness Pillar will be responsible for developing and delivering activities related to improving KPE students' overall health. In the past these activities have included physical activity classes in dance, Skating Socials, Field trips, to name a few.</p> <p>Under the direction of the KINections Coordinator, the Program Assistants will be responsible for:</p> <ul style="list-style-type: none"> <li>Assisting in the planning of the annual activity plan</li> <li>Assisting with the development of programs and initiatives</li> <li>Promoting and organizing events</li> <li>Administrative support for the pillar and working groups</li> <li>Organization and maintenance of the all materials related to the pillar activities, including but not limited to creation and file management of pillar meeting agendas and minutes, tracking meeting and activity attendance, activity plans and workback schedules and final reports</li> <li>Maintaining communication with presenters, pillar members and groups collaborating and supporting the pillar activities</li> </ul>

	<p>Connecting with student representatives to create collaborative opportunities          Coordinating, scheduling and staffing/ volunteers for pillar meetings and activities          Presenting the KINections initiative and the Faculty of Kinesiology &amp; Physical Education as requested</p> <p><b>Co-curricular Record Competencies developed.</b> Student will select up to 3 to appear on their Co-curricular record.</p> <ul style="list-style-type: none"> <li>• Collaboration</li> <li>• Communication</li> <li>• Critical thinking</li> <li>• Fostering inclusivity and Equity</li> <li>• Goal-setting and prioritization</li> <li>• Professionalism</li> <li>• Project management</li> <li>• Teamwork</li> </ul>
<p><b>Minimum Qualifications:</b></p>	<p><b>Education:</b>          Must be a University of Toronto St. George student enrolled for 2025/2026 school year at the <b>Faculty of Kinesiology and Physical Education</b>. All years of undergrad, graduate (including MPK) are encouraged to apply.</p> <p>Please ensure you are eligible for the work study program before applying to this role by logging into <a href="#">CLNx</a>.</p> <p><b>Skills:</b></p> <ul style="list-style-type: none"> <li>• Reliability, punctuality and maturity are essential</li> <li>• Interested in student engagement</li> <li>• Excellent oral and written communication skills</li> <li>• Strong organizational and time management skills</li> <li>• Problem solving ability</li> <li>• Ability to work independently</li> <li>• Appreciation of diversity issues and respect for individual choices</li> <li>• Knowledge of Microsoft Office, SharePoint and Canva an asset</li> </ul> <p>You must have access to a computer, internet, webcam, mic and smartphone.</p> <p><b>Availability:</b></p> <ul style="list-style-type: none"> <li>• You must be accessible for at least one weekly check-in meeting with your supervisor from Monday to Friday; the weekly check-in day(s) and time(s) will be set so as to be mutually convenient and scheduled in advance.</li> <li>• You will be expected to independently manage your duties and hours weekly and enter all hours worked on a time sheet for review by your supervisor adhering to all deadlines.</li> <li>• You will be expected to attend full meetings several times a year.</li> </ul>

	<ul style="list-style-type: none"> <li>• While there is some flexibility with work hours, there are some firm deadlines that must be met in order to meet our deliverables. Firm deadlines will be communicated by your supervisor.</li> <li>• In this position you will have access to confidential information. You will be required to sign a confidentiality agreement ensuring that you manage confidential information appropriately.</li> </ul> <p><b>Early application and interview will result in fast-track hiring in the fall.</b></p>
<b>Method of Application</b>	<p><b>Please apply via the <a href="#">online application</a> form no later than April 30, 2025</b></p> <p>Cover letter, resume, co-curricular record and copies of all relevant certifications must be provided before your interview.</p> <p>Interviews take place in May 2025 for positions starting in September 2025, pending approval by the work study program. Work study roles will be filled on a rolling basis, so apply early as we anticipate most roles will be filled before August 31.</p>
<b>Contact Information:</b>	Kinnections@utoronto.ca
<b>Date Posted:</b>	February 14, 2025