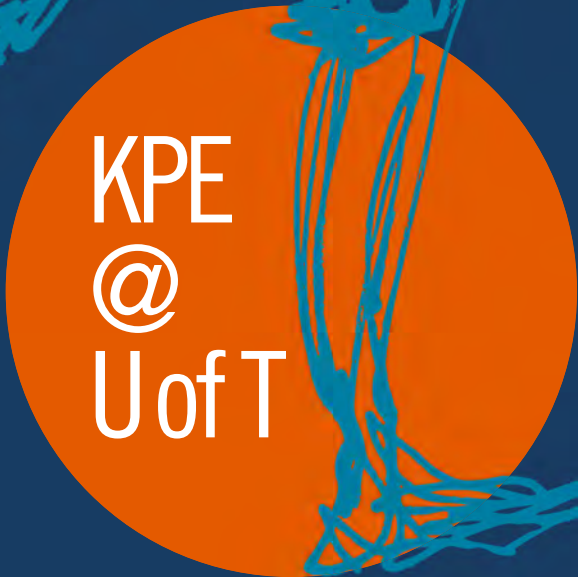




UNIVERSITY OF TORONTO  
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

**MASTER OF KINESIOLOGY**  
Advancing movement.  
Advancing health.



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Gain advanced knowledge and practical skills to advance health for all through inclusive movement.



# Advancing movement. Advancing health.

**For people of all ages, stages, cultures and abilities, movement matters. Active living is one of the keys to physical, social and mental health across the lifespan.**

**The Master of Kinesiology (MKin)** program provides students an opportunity to gain advanced knowledge and practical skills that will distinguish them as leaders in the field, improving health for all through movement and exercise.

Taking a multidisciplinary approach, the MKin program incorporates research-informed practice to prepare students for professional roles across a variety of settings, from clinical healthcare to community recreation. Coursework is complemented by hands-on practice through a structured placement or capstone project. And with the University of Toronto's location, size and diversity, you'll find unique opportunities for collaboration and innovation with our placement partners.

Whether you are a recent graduate or have years of experience, the MKin empowers professionals looking to get ahead in the dynamic field of kinesiology.

## What is the Master of Kinesiology program?

The MKin program is a course-based graduate program, offering a mix of classroom and experiential education across three sessions. Graduates will acquire research-informed and multidisciplinary expertise in:

- **Movement assessment and intervention in diverse practice areas**
- **Knowledge synthesis, translation, and application**
- **Providing inclusive physical activity experiences**
- **Conceptualizing future kinesiology practice**

The MKin provides unparalleled learning environments for hands-on practice, working alongside leading practitioners in downtown Toronto and across the GTA.

You will have the opportunity to engage in 300 hours of professional, structured experience through a placement. Or, you can advance your expertise through an independent capstone project, working to apply your expertise to improve a specific area of practice.

The program offers practice opportunities with hospitals, clinics, sport institutes, community organizations, and more!



## AREAS OF CONCENTRATION

### Exercise as Medicine

Learn to design, implement and evaluate exercise programs that prevent and manage chronic health conditions in diverse populations.

### Inclusive Physical Activity

Learn to design, implement and evaluate initiatives that advance belonging and access to physical activity for persons with diverse backgrounds and abilities.

### Health & Wellness

Learn to design, implement and evaluate strategies that promote health and wellness through movement of the population at large, including across recreational, community, educational, and occupational settings.



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## How to Apply

To be considered for admission, applicants must meet the minimum admission requirements and submit a complete application with all supporting documents.

The online admissions application and admission information are available at [kin.utoronto.ca](http://kin.utoronto.ca)

### WHERE CAN THE MKIN TAKE YOU?

- Registered kinesiologist
- Health policy advisor
- Exercise clinic lead
- Community recreation manager
- Adapted physical activity specialist
- Occupational health and wellness trainer
- Exercise physiologist

